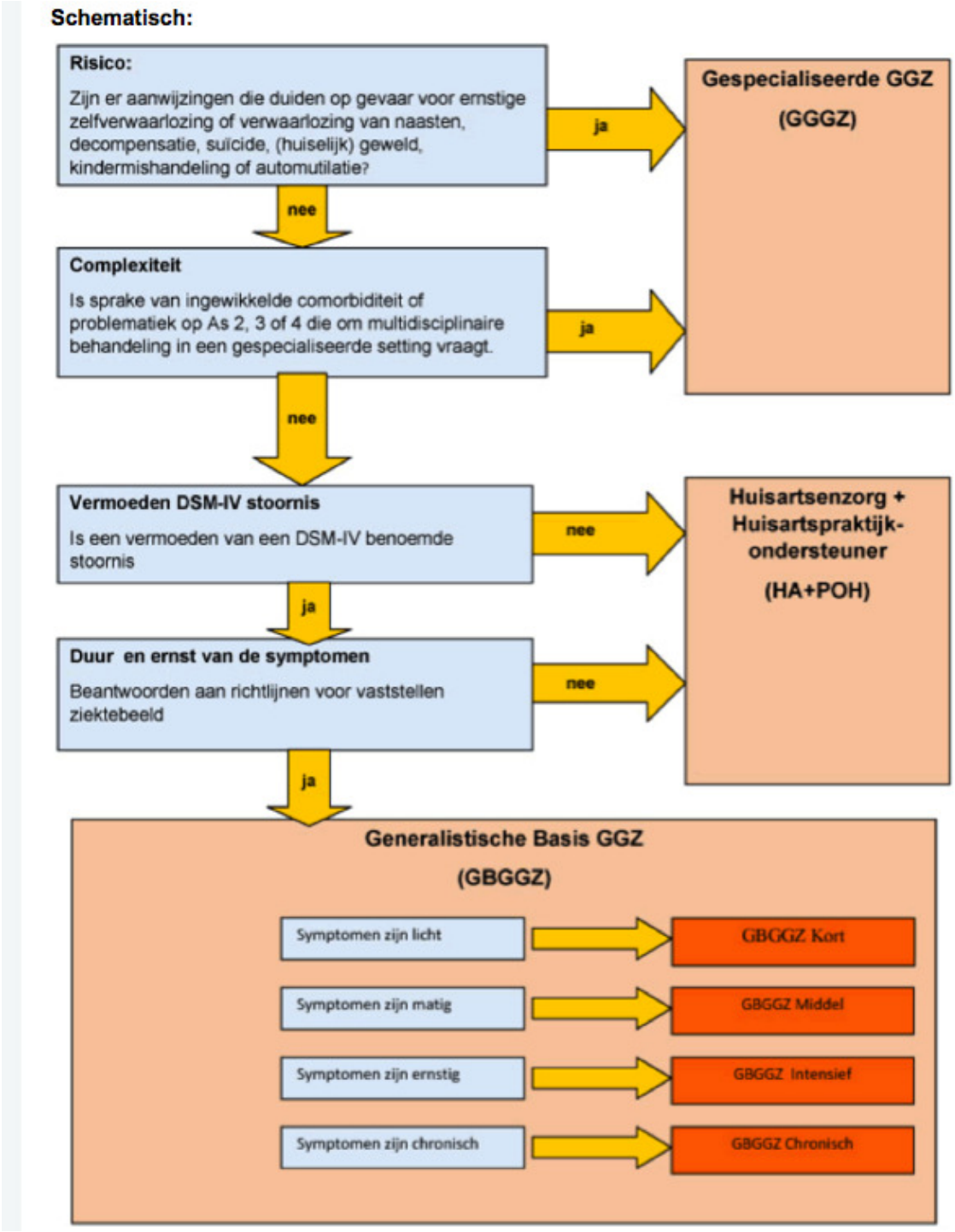Verwijsschema GGZ